

## Who runs Penguin Baseball?



Dan McGleno, HGRA's coaching guru, is the founder of the Penguin Baseball Academy. Dan has designed a special program

to teach all of the important phases of the game while entertaining the kids with a variety of contests, competitive drills, games and, of course, his unique blend of humor and motivation. When Coach Dan is in charge, kids always have a great time.



Earl Yowell, long time HGRA Baseball coach, is the co-director of the Penguin Baseball Academy. Earl is our "skills and drills" master — he is constantly on the lookout for

better and more inventive ways to teach baseball skills to our players. Earl's knack for creative instruction means that the kids become better ball players and have lots of fun in the process.

Dan and Earl get help from other experienced HGRA baseball coaches, as well as members of the Highland Park Senior High varsity baseball team. They also bring in local college coaches, players and other special guests to enhance the experience. With all this talent, Penguin Baseball is the hottest thing around when it's cold outside.

## When is Penguin Season?

We'll meet on six different Saturdays from September - December. We'll mail out the final dates and details before we start.

## Who can be a Penguin?

Boys and girls ages 8-12 (as of August 31). We'll split into two sessions - the older kids focus on learning and honing skills that will take them to the next level, while the younger kids practice good fundamentals.

## Where do they play?

All Penguin Baseball sessions are held at the Highland Park High School Fieldhouse on Snelling Ave. in St. Paul.

## How much does it cost?

The entire cost of a Penguin season is just \$45.00.

## How do I register or get more information?

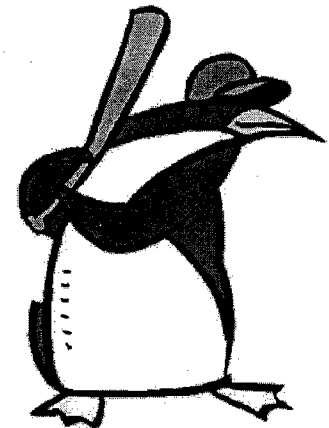
Use the attached registration form. You can call for more information at 651-699-9898 or e-mail us at [info@hgrra.org](mailto:info@hgrra.org).

*The Highland Groveland Recreation Association presents:*



# The Penguin Baseball Academy

HGRA's fall/winter baseball program for ages 8-12



## What is Penguin Baseball?

It is a program run by the Highland Groveland Recreation Association (HGRA) that extends the fun, excitement and learning of our summer baseball program into the fall and winter.

The idea hatched when HGRA Baseball coaching legend Dan McGleno asked some of his summer players if they wanted to get together for some relaxed drills and whiffle ball games in the fall. Word got around, and almost 40 kids showed up to play indoor baseball, McGleno style.

Dan recognized the need for an HGRA-style activity in the fall, both for kids who don't play fall sports and those who do but need a break from competitive intensity.

*Penguin Baseball is not a competitive baseball league. We focus on instruction, fun and individual achievement in a way that keeps the magic of HGRA Baseball alive all year long!*

With the Penguin symbolizing the time of year, Dan's vision became *The Penguin Baseball Academy*, where kids 8-12 could learn and play more baseball as they wait for spring. In our inaugural year, we enrolled 70 Penguins, and turned others away due to space limitations.

If your child wants to play and learn more baseball in a positive and enjoyable way, think about signing up for the Penguins. You'll see the improvement when spring baseball rolls around!

## The Penguin Baseball Program

Penguin Baseball addresses all aspects of the game, including:

- Hitting
- Pitching
- Catching
- Outfield Play
- Infield Play
- Baseball Rules
- Strategy
- Sportsmanship

Our teaching modules combine individual instruction, video training, group exercises, competitive drills, fun contests and games.

### *Special Guest Instructor:*

*Bill Mauer, former Twins minor league player and local baseball instructor!*

We use soft baseballs, whiffle balls and special gear for a unique indoor baseball environment.

Each module incorporates HGRA's philosophy of positive encouragement to achieve these goals:

- Increased baseball knowledge;
- Improved individual skills;
- Enhanced sportsmanship.

## Penguins and Gophers?

That's right - we'll have our special "Gopher Day" where players from the U of M Gopher baseball team visit, answer questions and play whiffle ball games with the Penguins!

Send a check for \$45.00 payable to HGRA to:

HGRA  
2136 Ford Parkway, #353  
St. Paul, MN 55116

Player Name \_\_\_\_\_

Address: \_\_\_\_\_

Home Telephone: ( ) \_\_\_\_\_

E-Mail \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Gender: (m) \_\_\_\_\_ (f) \_\_\_\_\_

Age as of Sept. 1 \_\_\_\_\_

T-shirt size \_\_\_\_\_

I hereby give permission for my child and myself to participate in the HGRA program(s) selected above, assuming all risks and liabilities that may result from such participation and release and forever discharge and hold harmless HGRA, its representatives and agents from any and all actions, causes of action, claims, demands and liabilities arising out of injury to or damage sustained by me and/or my child. I agree to indemnify HGRA against any and all liability or loss, and against all claims or actions based upon or arising out of damage or injury to persons or property caused by me and/or my child. In the event of injury to my child, I hereby consent and authorize the administration of all treatments that may be considered advisable or necessary for such injury.